



EN

# Menu



— *ZUM* —

**BEISPIEL**



CAFE  
RESTAURANT  
BAR





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*Love is an ingredient.  
You can taste it in our house-made bread,  
pasta and ice-cream and in the flavours we  
have brought to you from all over the world.  
Eat, love, repeat.*

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*We take great care in choosing the ingredients for your food. In 2020 we won a championship in a nationwide competition for using organic produce in restaurant kitchens. We are very proud of the achievement! Nearly 70 % of all our ingredients are organic.*

*The meals include house-made organic bread and churned butter. The breads are baked with different sourdoughs, some also include a small amount of yeast. Our sourdoughs are Italian biga, French poolish and a traditional German sourdough, Anstellgut. Bread is also available gluten-free.*

*Zum's house-made pasta is freshly-made with sourdough and from organic durum wheat.*

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*L = lactose-free  
G = gluten-free*

*V = vegetarian  
Vegan*

## All Day Breakfast

*Breakfast includes a selection of organic sourdough bread. Bread is also available gluten-free.*

**Dagen efter:** Fried organic eggs, char-grilled freshly made sausages and steak tomato, crispy Black Forest ham, organic salad, organic coffee or tea, organic orange juice (L, G) **20 €**

**Frühstück:** Croissant, charcuterie, house-made Sicilian organic blood orange marmalade, cheddar gratinated organic egg, organic salad, organic mountain cheese, grilled vegetables, organic coffee or tea, organic orange juice (L) **21 €**

**Latte or cappuccino** **+ 2,5 €**

**Mimosa** **+ 7 €**



## Starters, salads and soups

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**Zum Antipasti:** A selection of Zum delicacies – includes cheese, meat and vegetables (L, G) **13,5 €**

**Caesar salad:** Romaine salad, Zum's Caesar sauce, organic parmesan, organic focaccia croutons (L) *contains anchovies* **15 €**

**Zum Erdbeer salad:** Local organic salad, strawberries, fried goat cheese, grilled aubergine, bell pepper, zucchini, taggiasca olives, organic basil, balsamico, roasted pumpkin seeds (L, G, V) **22 €**

### Salad toppings:

+ char-grilled organic cockerel breast (local meat) **+ 8 €**

+ 2 of Zum's char-grilled organic lamb sausages (local meat) **+ 7 €**

+ slightly smoked salmon **+ 8 €**

+ 5 garlic & chili fried mazzancolle prawns **+ 8 €**

+ grilled vegetables **+ 4 €**

+ fried goat cheese **+ 4 €**

+ organic falafels made from local peas **+ 5 €**

**Organic tomato soup,** ewe's feta, organic basil oil (L, G, V) **9 / 13 €**

*also a vegan version with grilled avocado*

**Zum's salmon soup** (L, G) **12 / 16 €**

**Chanterelle soup** (L, G, V) **11 / 15 €**

## Main courses

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### Malin på semester:

Organic char-grilled cockerel breast (local meat), Malin's honey, crispy focaccia, fried goat cheese, pecan nuts, avocado, strawberry, grilled vegetables, organic salad (L) **26 €**

**Salmone:** Slightly smoked salmon, chanterelle sauce, summer potatoes, vegetables, organic salad (L, G) **26 €**

**Salsicce di agnello:** Zum's char-grilled lamb sausages (local meat), carrot salsa, French fries, vegetables, organic salad (L, G) **24 €**

**Galetto:** Char-grilled organic cockerel breast (local meat), pepper & cognac sauce, vegetables, summer potatoes, organic salad (L, G) **25 €**

**Preso:** Char-grilled Iberico pork pluma steak, vegetables, organic lemon mayonnaise, French fries, organic salad (L, G) **28 €**

### Barchette di zucchini:

Tomato & buffalo mozzarella stuffed zucchini boat, organic falafels made from local peas, black rice, crema di peperoni alla Calabrese, citrus marinated fennel, organic salad (L, G, V) *also a vegan version* **22 €**



## Risottos

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Our risottos are made with organic Roma rice from the 600-year-old Principato di Lucedio estate. All risottos are made with organic wine, butter and organic parmesan. Risottos are also available dairy-free with avocado.

**Risotto alla Madonna:** 8 mazzancolle prawns, chili, sugar snap peas, dolcita tomatoes, organic parmesan, organic salad (L, G) *also a vegetarian version with ewe's halloumi and grilled avocado* **27 €**

**Sleeping Beauty:** Ewe's halloumi, pomegranate seeds, char-grilled artichoke, organic salad (L, G, V) *also a vegan version* **24 €**

### Risotto toppings:

- + char-grilled organic cockerel breast (local meat) **+ 8 €**
- + 2 of Zum's char-grilled organic lamb sausages (local meat) **+ 7 €**
- + slightly smoked salmon **+ 8 €**
- + 5 garlic & chili fried mazzancolle prawns **+ 8 €**
- + grilled vegetables **+ 4 €**
- + fried goat cheese **+ 4 €**
- + organic falafels made from local peas **+ 5 €**

## Pasta

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Our house-made organic pastas are made from sourdough - delicious as well as easily digestible! Pasta dishes are also available gluten-free.

### Holy George (medium spicy):

House-made linguine pasta, roasted garlic, chili, 8 mazzancolle prawns, dolcita tomatoes, fermented organic lemon, avocado, leaf parsley, organic parmesan, organic salad (L) *also a vegetarian version* **27 €**

**Gallipolina:** House-made conchiglioni pasta, slightly smoked salmon, greenshell mussels, lobster sauce, leaf parsley, organic salad, dolcita tomatoes (L) **25 €**

### Pollo con crema di peperoni:

House-made radiatore pasta, crema di peperoni, char-grilled organic cockerel breast (local meat), leaf parsley, organic parmesan, organic salad (L) **24 €**

### Fioretti con pomodoro soleggiato:

House-made zucca pasta, oven dried tomatoes, organic spinach sauce, organic feta, organic salad (L, V) **23 €**

**Trifoglio con carciofi:** House-made trifoglio pasta, taggiasca olive & tomato sauce, Apulian artichoke, garlic, onion, organic parmesan, organic salad (L, V) *also a vegan version* **22 €**



## Hamburgers

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*The rolls are chewy, house-made organic muffulettas baked with biga sourdough. All our hamburgers are also available gluten-free. The sauces can be swapped according to taste. Burger steaks are grilled medium unless requested otherwise. Meat burgers are also available with grilled organic cockerel breast.*

**Lady Burger** (open burger, medium spicy):  
Local organic minced meat steak (200 g), cheddar, carrot salsa, Mediterranean salad (L) **22 €**

**Gent's Burger** (medium spicy):  
Local organic minced meat steak (200 g), cheddar, carrot salsa, French fries, organic salad (L) **23 €**

**Mr Lemon Burger:**  
Local organic minced meat steak (200 g), cheddar, grilled bell pepper, organic lemon mayonnaise, French fries, organic salad (L) **23 €**

**Zigolo Dolce Burger:** Tiger nut steak (organic), cheddar, grilled zucchini, crema di peperoni, French fries, organic lemon mayonnaise, organic salad (L, V) also a vegan version **23 €**

**Extra dips 1 € / each:** Carrot salsa, tzatziki, house-made organic ketchup, crema di peperoni, hummus, organic lemon mayonnaise.

*Hummus, ketchup and crema di peperoni are vegan.*

## Desserts

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**Runeberg ice cream**, Fredrika granola, raspberry sauce (L, V) **8,5 €**

**Affogato:** House-made organic vanilla ice cream & double espresso (L, G, V) **8 €**

**Vanilla crème brûlée and fresh berries** (L, G, V) **9,5 €**  
*We buy our organic vanilla directly from a small Madagaskar family business.*

**Zum ice cream or sorbet\*** (L, G, V)  
Ask for seasonal flavours  
**4 € / scoop**  
**6 € / 2 scoops**  
**6 € / 3 small scoops**  
**8 € / 5 small scoops**

**Zum's adult ice creams and sorbets\*** (L, G, V) **5,5 € / scoop**

*\* We make all our Zum ice creams ourselves without emulsifiers or ice cream mixtures. Ask for the ice cream selection of the day.*

*Adult ice creams contain alcohol and cannot be sold or served for under 18-year-olds.*

*All our ice creams are lactose-free, gluten-free and egg-free. Ask for our delicious vegan ice creams.*



Children's menu (for children under 12 years)

**Roasted salmon and summer potatoes**, vegetables, cucumber, tomato, fruit (L, G) **11 €**

**House-made organic pasta and butter**, cucumber, tomato, fruit (L, V) **6 €**

**Organic falafel from local peas**, summer potatoes, organic tomato sauce, cucumber, tomato, fruit (L, G, V) **8 €**

**House-made organic pasta and organic tomato sauce**, organic parmesan, cucumber, tomato, fruit (L, V) **8 €**

**Organic Bolognese:** House-made organic pasta, organic Bolognese sauce (local meat), organic parmesan, cucumber, tomato, fruit (L) **9 €**

**Cockerel pasta:** House-made organic pasta, organic cockerel in creamy sauce, organic parmesan, cucumber, tomato, fruit (L) **11 €**

**Fried nitrite-free sausages**, French fries, house-made organic ketchup, cucumber, tomato, fruit (L, G) **10 €**

**Hamburger:** Char-grilled organic minced meat steak (local meat), French fries, organic salad, house-made organic ketchup, cucumber, tomato, fruit (L) **12 €**

**Meatballs:** Malin's organic meatballs, French fries, organic salad, house-made organic ketchup, cucumber, tomato, fruit (L) **12 €**

*Organic bread and butter are included in the meals.*





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EAT > LOVE > REPEAT

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Friends?